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In This Issue

- **Crystal Continues to Shine**
- **Why "Today"...**
- **Journey by Degrees**
- **Student Profile**
- **Faculty Profile**
- **Career Corner**
- **Technology Tips**
- **From the Hatch Library...**
- **Announcements, Dates and Upcoming Events**

You're happiest while you're making the greatest contribution.
-Robert F. Kennedy

Crystal Continues to Shine with her Second Book, *The Rhythm in Blue*



One of our recent graduates, Crystal Senter Brown, will be holding a book signing on campus on Saturday, June 30th to showcase her new book, *The Rhythm in Blue*. Crystal graduated from the One Day Program in 2011 with a Bachelor of Arts degree in Liberal Studies. Crystal was awarded both the 2010 Harold Grinspoon Award and the 2010 Massachusetts Cultural Council grant for her children's book, *Gabby Saturday*, while attending the program.

Crystal Senter Brown has appeared in Redbook Magazine, Vibe Magazine and Essence Magazine and has been a performer for most of her life. Born in Morristown, TN to a bass-playing Baptist preacher and a painter, Crystal was introduced to poetry at the age of six. She said of her first experience, "I was asked to recite the poem 'The Negro Mother' when I was 6 years old and once I felt the energy from the audience, I was hooked! I performed poems written by famous poets until I was a teenager, then I started writing my own poetry."

Since then, she has performed in thousands of events across the U.S. and Canada including events at the Berkeley School of Music, Smith College, Mt. Holyoke, University of Massachusetts, the NABFEME music conference, and the Nuyorican Café in NYC. Her poetry has appeared in *The Women's Times*, *African American Point of View*, *The Valley Advocate*, *Local Buzz*, *Vibe Magazine*, *The Republican* and *His Rib*.

When she's not writing, performing or saving the world, she lives in New England with her husband Corey, son Adonte and a potato chip-eating dog named Serena Marie. We hope you will stop by to meet Crystal between 12:15 and 1:15 p.m. on Saturday, June 30th at the tables outside of Blake Dining Commons.

The following is a preview of her new book:



Mason loves his fiancée, but he's fed up with the stress of planning and preparing for the wedding. Enough already! He needs a few days away. He knows he should have just checked into the nearest hotel, but instead he finds himself driving south. His destination? Jasmine's house. Aside from that one night many years ago, he and Jasmine have managed to maintain a strictly platonic relationship. A few days away with a friend, he thinks, it's just what the doctor ordered. Right?

See how the lives of Mason and Jasmine will intertwine with those of Jacob, Keisha, Frankie, and so many others in the small southern town of Blue, Virginia.

Blue is full of good food and sweet Southern graces, but it also proves to be filled with a few dark secrets. This is a story about failure, redemption, forgiveness and,

Education is not the filling of a pail, but the lighting of a fire.

-William Butler Yeats

above all, love. These characters are stirred by unique passions and colorful pasts. See how ten people become the pulse of this tiny little town; they are, quite simply, the rhythm in Blue.

Why “Today” is Always the Right Time

By: Judith Crowell, BA Psychology Major, Class of 2013, Longmeadow Campus



When I graduated from high school I was in the top ten of my senior class and had received a four year tuition-only scholarship to Boston University’s College of Engineering. I was on top of the world...until I saw how much my books for the first semester were going to cost me.

My mom was a single parent (my father died five years prior to my high school graduation.) She received veteran’s benefits, and I did not receive any additional scholarships for my college education. Once enrolled, I remember one book costing approximately \$700! After much consideration, I decided that I had to withdraw from the university to take a job and help my mom.

That was the fall of 1986, and I have been working ever since. Over the years I have taken several classes here and there, but life just continued to get in the way. I have taken classes at Suffolk University, Northeastern University, Massasoit Community College, and University of Phoenix. I have studied to be an Electrical Engineer, Lawyer, and Social Worker.

When I first heard about Bay Path College, a very dear friend of mine had just finished her Bachelor’s Degree. She praised the “One Day” Program. Her excitement made me start thinking about several things. Could I do it? Would I finish? Would this be just another college to add to my resume of incomplete education? Am I too old?

I put all of my doubt aside and now here I am in my first year. I can do it. I will finish. This will be THE college where I complete my degree. I love Bay Path College. The admissions staff is second to none. The assistance I received was phenomenal. The professors I have had so far are tough, but awesome. They want you to do your best and they will not settle for less! The women on campus are beautiful. Each of us brings to the Bay Path College table our own uniqueness that makes up the most complex yet unified mosaic ever seen.

I am back in college at 44 and plan to graduate in the spring of 2013. And I am on top of the world yet again!

Our Journey by Degrees

By: Delores Dobson, BA Liberal Studies Major, and Deanna Dobson, BA Liberal Studies/Early Childhood Leadership Major, Class of 2012, Central Mass Campus



Our journeys started out on different roads which then converged and became one in the same. My daughter Deanna and I have both attended Bay Path’s One Day Program; she began several years before me, but took a break when her son was born. I began my Bay Path journey the day after she left with her son and husband to live in a third world country.

*Attitudes are contagious.
Are yours worth
catching?*

**-Dennis and Wendy
Mannering**

With a heavy heart I attended my orientation with only 6 credits to my name and a dream in my pocket. I have always wanted to be a teacher, since I was a little girl. My dad, a WW II Veteran, believed that women should leave the jobs for the men who have families to care for. College for me was not an option, so I became a long distance telephone operator upon graduation. Marriage and children came next and my dream collected dust on a back shelf in my closet. My husband is very supportive, but I would never have thought to take such an expensive chance while raising my children.

For many years I worked in customer service positions which I enjoyed, but in 2001 I was offered a position as an Instructional Assistant at an elementary school. In less than a week I was teaching small groups with only my Vacation Bible School training. I could not believe my good fortune. Though I loved my job I knew that I was only playing at a very important job that required an education. My principal encouraged me to get my degree so I enrolled in a community college and did well. Next it was time to get a degree as quickly as possible, and I remembered Deanna's experience with Bay Path.

After 6 months of a hard life in a third world country, Deanna realized that she needed to come home, her marriage had not survived. She knew that she needed to complete her education, so she and her son moved back home with us. She obtained a position with me at the school and decided to resume her studies at Bay Path. When she received her schedule it mirrored mine. While she had been away, I had caught up to her! Now not only did we live and work together, but we also were in classes together too! That gave the word sharing a whole new meaning. Time passed quickly and on May 14, 2010 we received our Associates Degree's together, and Deanna got a car and an apartment, hurray!

Last year as we were both looking forward to our practicums, our school decided not to rehire us for the coming year. After 2 years for Deanna and 8 years for me, we found ourselves unemployed with one year of college left. Thankfully, this became a blessing in disguise for both of us. We now had more time to spend completing our course work and MTEL's. I will complete my practicum this fall and Deanna has met someone wonderful and will be married next month after our May 13th graduation, where we will both receive our Bachelor's Degrees.

Saturday Student Profile: Robyn Peters

By: Robyn Peters, Legal Studies Major, Class of 2013, Longmeadow Campus



While interviewing for my job, I met my company's Empowered Official, Attorney June Deptulski, who had 15 years' experience and was a professor of online international compliance. June was beautiful and spoke with confidence as she told me about herself; I was intimidated.

Out of high school, June worked for Electric Boat as a pipe-fitter for 15 years, getting slime on her hands in the vessels' bowels, just like the men. She was married and had her son young, so put her education on hold. In her 30s, she got her Bachelor's in Business from Bay Path, which landed a job in the contracts department at Pratt and Whitney. She went on to receive an MBA and a JD. From that moment, June was such an inspiration to me. Though demanding to work for, June was a positive influence, and a believer in hard work, pursuing goals, and having a sense of humor.

In the short 6 months we worked together, I realized how much others respected her opinions and knowledge. Her perseverance through obstacles was inspiration for me

The true sign of intelligence is not knowledge but imagination.

-Albert Einstein

to adopt traits she seemed to possess naturally. June taught me things about myself, including patience, time management and acceptance of others' shortcomings. June believed that individuals' differences make challenges and work so rewarding. Above all, she inspired me to work harder and be better.

During 6 months, we became extremely close. We frequently joked that our husbands were jealous of our time together. I knew her routines, her daily medications, and her emotions. I share this because my life will never be the same since that employment interview.

Diet pills that June consumed on a regular basis almost cost her life. On Saint Patrick's Day 2010, while explaining the issues of the day, June suddenly wasn't making sense. I couldn't understand a word she was saying as she rubbed her arm. Then June's face dropped on the left side, and she looked panicked, and I knew what I was witnessing was not good. June was having a stroke before my very eyes. I helped her to the floor, had someone call 9-1-1, and didn't leave her side for the next eight hours. Work has never been the same.

June is severely disabled and still not able to return to work. From the moment I ordered medical attention to the days following where I had picked up the slack and performed all of June's duties, I knew I was now viewed as a leader, by myself and others. The company also saw the value in the work I was doing, and I later accepted a position as the company's Ethics Officer and Foreign Corrupt Practices Officer. I now make daily decisions that I never dreamed I would be responsible for making. Not a day goes by that I don't think about the kind of examples that June set, and I try to be the kind of leader she is, who inspires by example. I accept everyone's differences, communicate expectations, and have compassion for others' shortcomings, and my own. I wasn't always this way. I used to expect that because the company paid my salary, employees should listen to what I have to say. Now I see that respect must be earned.

It wasn't until that St. Patrick's Day that I realized I was one of two employees responsible for making very high level decisions for a \$400 million dollar corporation. I had just started with a new defense and aerospace company, and my Bay Path education and six years' experience were finally paying off in my salary. I felt confident in my job. This time, though, I was considered an expert in the field, and senior management asked for my opinion and took my advice, regardless of the suggested approach, even if I was only giving my best guess.

To know you are a leader is important, yet to lead by exemplary behavior is a challenge many individuals face in their daily roles. Generally a title is an instant label that identifies these so-called "leaders" within corporations and various businesses, but the respect is not gained by writing your title underneath your name on letterhead. It is gained by proving your worth each and every day.

Faculty Profile: Tamara Blake



By: Kellee Grucci, Assistant Director of Academic Advising and Faculty Support

If you are a psychology major, chances are you have taken a course with Professor Tamara Blake. Tamara has been with the One Day Program since December of 2006 and teaches a wide variety of psychology courses, including the capstone course, Senior Seminar. Tamara said that she, "...loves teaching in the One Day program because of the women. They are very strong,

Learn from the past, set vivid, detailed goals for the future, and live in the only moment of time over which you have any control: now.

-Denis Waitley

motivated, inspiring women. The best thing is seeing how women take the lessons learned in the classroom and apply them to their everyday life (which is very rewarding and happens so much in the One Day Program!!!) I have had many women in their first class at Bay Path and then their last. It is incredibly rewarding to see their journey and growth."

When asked about her teaching style, Tamara noted, "I have been told by students I am 'firm but fair.' I have high expectations of these women to succeed because I know without a shadow of a doubt they are capable of reaching their full potential." One thing that Tamara does in her classes is uses real-world examples. Because she works full time as a clinician in an inpatient psychiatric hospital for children and adolescents, she has no lack of stories to share. "I find this helpful to the students to really grasp the concept of what they are learning this way. When students take exams, for instance, they will write, 'I will always remember this because of the story you told with it.' I think it is a very powerful teaching exercise."

In addition to her full time career as an LMFT and LMHC (Licensed marriage and family therapist and Licensed mental health counselor), Tamara is enrolled in a doctoral program in the area, and is the president and founder of Angels Take Flight, a nonprofit organization which helps children in need in Western Massachusetts. The mission of this organization, "... is to help restore dignity and pride in children specifically through providing them with transitional items... We collect luggage for children who have to move from place to place so they do not have to put their belongings in a black trash bag." Angels Take Flight has also expanded to include other things such as toy drives and its first 5K race.

Though her life seems pretty full at the moment, Tamara says that in ten years, "I hope to be teaching full time at the college level. I hope to be able to inspire others with knowledge. I have toyed with the idea of obtaining my JD after I obtain my doctorate to help advocate for those in need on a different level."

When she has free time, Tamara enjoys traveling, reading, and working out, especially outside with her dog. "I also enjoy scrapbooking memories and spending time with friends and family." She also considers herself an advocate for human and animal rights (She is a vegetarian) and is always looking for something to partake in!

Career Corner

Junior Year Career Prep

By: Maura Devlin, Director of Student Development

Attention, Juniors! Don't think with all of the planning and celebration for the graduating seniors that we One-Day staff members have forgotten you. Au contraire! In fact, as you close out your next-to-last year as a college student, this is a critical time to reflect on where you want to go with your degree when you finish it. The summer break may afford you a good chunk of time to think about your plans and do some exploring.

So what should those with a year to go be thinking about and doing? You could explore various careers in your field of study.

- You could start by daydreaming. What can someone with your degree do?

*Change your thoughts
and you change your
world.*

-Norman Vincent Peale

The Career Center at Virginia Tech is a good source of information for a wide variety of career options broken down by major. Visit www.career.vt.edu to browse and dream.

- Then check out some federal government websites that provide reliable and up-to-date information about the skills, experiences, knowledge, and attributes that various jobs require. Visit www.onetonline.org for very detailed job descriptions, some phrasing of which you may want to work into your resume. Another good source is the Bureau of Labor Statistic's Occupational Outlook Handbook, available at www.bls.gov/ooh.
- Once you have an idea of where you want to go, you may want to consider ways to gain experience or exposure to your field. You could consider an internship, possibly for college credit, as a way to build this experiential knowledge. Contact Maura Devlin, a One-Day career coach, at mdevlin@baypath.edu for a personal appointment to see how internships might fit your plans. You may also want to consider informational interviews with professionals in the field already – you can learn a lot from those who are already doing what you want to do. See if your professors have contacts, or again, contact Maura Devlin.
- You can draft your resume by consulting books from the Hatch Library, and then working with Chelsea Kline (ckline@baypath.edu) or Maura Devlin on a review of your targeted resume and cover letter.

So there's lots you can be doing as you enter your final year at Bay Path. Don't forget that Chelsea and Maura are here to help, so feel free to email with questions that you may have along the way!

Technology Tips

Upgrading Your Computer This Summer?

By: Peter A. Testori, Assistant Director of Online Learning Support

It's hard to believe we're so very close to the summer months! Everyone has been "full steam ahead" this session, but hopefully you've had a moment or two to daydream about your plans for the warmer months ahead.

If you are considering updating or purchasing a computer this summer (perhaps in anticipation for your first online course?), please keep the following technology requirements in mind when making your decision:

- 4 GB (or more) RAM Memory is recommended
- Speakers and microphone (a web camera is recommended)
- An up-to-date web browser (Chrome recommended)
- Microsoft Office 2007 or newer
- Up-to-date antivirus software
- An external storage device for backing up documents (recommended)
- For a PC - Windows XP SP3, Windows Vista or Windows 7
- For a Mac - OS X (10.6 or higher)

For those of you graduating in May, everyone in the Center for Distributed Learning and Academic & Administrative Technology sends their warmest congratulations and best wishes for the future! Have a terrific summer!

Success is sweet: the sweeter if long delayed and attained through manifold struggles and defeats.

-A. Branson Alcott

From the Hatch Library...

By: Mike Moran, Director of the Hatch Library

With the end of the traditional spring semester, Hatch Library hours will change slightly for the summer months. Library hours for the current and next One Day sessions are as follows:



Monday	9am – 9pm
Tuesday	9am – 6pm
Wednesday	9am – 9pm
Thursday	9am – 6pm
Friday	9am – 5pm (10pm on May 18 and July 6)
Saturday	7am – 7pm
Sunday	1pm – 6pm

The library will be CLOSED on:
May 13 (Commencement)
May 26-28 (Memorial Day weekend)
June 22 (Library staff retreat)
July 4 (Independence Day)

For the convenience of One Day students, the library will be open until 10pm on the last Friday of each session: May 18, and July 6. We encourage you to take advantage of these extra library hours, when we'll also provide you with free coffee and hot chocolate!

As many of you know, the Hatch Library keeps a limited number of textbooks for core One Day courses on reserve for use in the library facilities on all three Bay Path campuses. These textbooks are intended for use by students who can't afford to purchase their own copies.

Here are the rules for using these books in our libraries:

1. They can be checked out for use in the library for up to two hours at a time; within copyright restrictions, you can make photocopies of pages for 5 cents each, or scan pages to your email address at no cost.
2. If you still need a book after two hours and no other student has asked for it, you can use it for up to two more hours.
3. No textbook may be taken out of the library.

My staff and I are happy to be working with you this session. For questions or comments, please feel free to contact me at mmoran@baypath.edu or at [413-565-1284](tel:413-565-1284).

Announcements, Dates and Upcoming Events

- **Achievement Day** – Reminder: Achievement Day will be held starting at 4:15 p.m. in Mills Theater on Saturday, May 5, 2012. Classes will be let out at 4 p.m. All students are strongly encouraged to attend the festivities. A catered reception will follow in Blake Dining Commons. Be there to celebrate our graduating seniors, recognize the academic achievements of all One Day

*The way to gain a good reputation is to endeavor to **be** what you desire to appear.*

-Socrates

women, and salute several of our seasoned adjunct faculty.

- **Save the Date - Financial Aid Lunch 'n Learn** - Saturday, May 19, Location TBA - from 12:30 p.m. - 1:15 p.m. Our speaker will be Kristin Johnson from Sallie Mae. She will discuss many aspects of financial aid, especially with an eye towards the future, on what happens when you have graduated and how the loan repayment process works. But she can answer a wide variety of questions too - so please bring your concerns, along with your lunch!
- **2012-2013 Tuition Costs** – Attainment of a bachelor’s degree is more critical today than ever before and increases a woman’s earnings potential by over 50%. So at Bay Path we do everything we can to ensure our students successfully graduate and, as part of this commitment, help families manage the costs of a private college education. We must also balance tuition cost with strategic investment in resources while sustaining our position as a top tier school as rated annually by US News & World Report. This philosophy of delivering a high quality private education while keeping costs manageable served as the guideline when setting tuition rates for the next academic year. The rates established for 2012 – 2013 One Day Program will be \$480 per credit. Financial aid is available for the upcoming academic year. Please contact the Student Financial Services Office to take advantage of the many options that are available.
- **Immunization Paperwork Deadline** - If you started classes in the April session and have not yet handed in all of your immunization paperwork...OR need to hand in updated immunization paperwork related to injections that were due in March or April ...you have until May 22, 2012 to do so or you will be removed from the remainder of your spring classes. All deadlines will be adhered to so please do not hesitate to contact the Health Services staff with any questions, 413-565-1391/1392.
- **Tutoring** – The School of Adult and Professional Studies has both math and writing tutors available this fall. Peer tutoring is also available in a wide array of subjects. To learn more about tutoring availability, please [click here](#).
- **Scholarships** – Student Financial Services continues to update their blog with helpful scholarship information. Please [click here](#) to access their blog.
- **"Steps to Easy Relationship Building" Networking Event** - This event will be held on May 23rd and is for our Bay Path alumni, and current One Day and Graduate students. It is sure to be a wonderful evening. Visit this [link](#) to see the information page and for the opportunity to register.